



July 2019 Newsletter









Join the ElderSource Institute **Virtual Caregiver Support Group**

Virtual Caregiver Support Group Launch





This month ElderSource Institute launched the Virtual Caregiver Support Group making it possible for caregivers to connect face-to-face in real time with other caregivers using today's technology.

We're hoping to provide caregivers a safe space to share information, ask questions, voice personal feelings and stories.

ElderSource Institute invites caregivers to sign up; especially those who feel they cannot leave their loved one to attend a support group but would benefit from participating in one.

A skilled moderator will guide the participants through their conversations. The groups will meet once a week lasting six to eight weeks with each session lasting 60 to 90 minutes.

To participate caregivers should have internet access and some form of technology to participate such as a smart phone, tablet, desktop or laptop computer. A video conferencing app will be used and the facilitator will instruct the caregiver on how to use the app.

Click here for detailed information

The Virtual Caregiver Support Group is funded from the proceeds of the annual *ElderSource fundraising event, A Night with the Stars.*

> For more information on how to participate please email Louise Starmann at louise.starmann@eldersourceinstitute.org or call 904-391-6610.

Event Recap: Celebrity Server & World Elder Abuse Awareness Day



Celebrity Server at Whiskey Jax Beaches

Our Celebrity Server event at Whiskey Jax Beaches on June 25th was a huge success! It was a full house as our 10 servers competed for the evening to collect the most tips to benefit ElderSource.

Thanks to the hard work of the servers and the generosity of the crowd, we were able to raise over \$12,000 which will be used to serve seniors and caregivers in the community. Thank you again to our lovely servers.

Congratulations to Mr. John Miller, President of Swisher International, as our reigning Celebrity Server champion two years in a row, collecting the most tips for the evening!

Click here to see photos from the event.



World Elder Abuse Awareness Day

Thank you to everyone who was able to attend our annual World Elder Abuse Awareness event on June 11th at River House in St. Augustine, FL.

Thanks to our speakers and their informative presentations, our audience was able to take away practical and educational information to help protect against and prevent future financial fraud and elder abuse.

We appreciate the expertise shared by our guest speakers: Ken Amaro, First Coast News Consumer Advocate; Alicia Somers, Vice President of Financial Wellness, Regions Bank; and Octavius Holiday Jr., Division Chief Human Rights Section, State Attorney's Office

Click here to see photos from the event.

LGBT Elder Cultural Competency Training: Wednesday, August 14



Sign-up NOW for this FREE community training!

The LGBT Elder Cultural Competency Training is a 90-minute training designed for professionals who work with older adults, helping them better understand key concepts, vocabulary and many barriers faced by older adults in the LGBT community.

This free training is sponsored by AARP Jacksonville.

To RSVP call 904-391-6613 or email: info@eldersourceinstitute.org

Click here to register or for more information.

Save the Date! A Night with the Stars 2019



Mark your calendars for another evening to honor professional caregivers in the community for our annual *A Night with the Stars* 2019. Last year we had a great time honoring our Luminary award nominees and winners. We hope you will join us for an even greater celebration this year. Stay tuned for more information on how you can nominate a professional caregiver to receive a Luminary Award.

Monday, October 28, 2019 6:00 pm to 9:00 pm The Alhambra Dinner Theater 12000 Beach Boulevard Jacksonville, FL 322246

Visit myeldersource.org to stay updated.

Employees of the Months

Congratulations to our recent employees of the months:

- April Linda B., Intake Specialist
- May Allie P., Office Manager
- June Isabella I., Customer Service Specialist

Congratulations to each of these ladies for their hard work around the office and finding unique ways to be team players.

Photo: (Far left: Allie P., Top right: Linda B., Bottom right: Isabella I.)



ElderSource Receives Funding for Home Delivered Meals



On behalf of the State of Florida, State Representative Wyman Duggan (R-District 15) recently presented a check to ElderSource staff in the amount of \$400,000. This state funding will be used to support the distribution of home delivered meals to elderly residents in seven counties of Northeast Florida. The funding will be given to our provider agencies that provide home-delivered meals.

Ways to Give

Giving creates community



Donate to help seniors and caregivers in Northeast Florida connect to valuable resources.





45 years of service myeldersource.org

Join our Community of Giving

Giving creates community! Donate to ElderSource today and join our community. Your donation helps our agency to provide the resources & information needed to help seniors and caregivers live with dignity and independence.

Click here to donate NOW



Support Dining with Dignity

Many seniors have difficulty eating for a variety of reasons: tremors from Parkinson's Disease, paralysis or weakness from stroke or pain from arthritis etc. Often, they cannot prepare their own food or feed themselves. Assistive eating devices allow seniors to eat with dignity, thereby increasing their nutritional intake, independence and quality of life. Support a senior through this program!

Click here to give a donation now!

General ElderSource Donation

Visit our website

ElderSource values all people – including but not limited to all nationalities, socio-economic backgrounds, abilities, races, genders, religious perspectives, sexual orientations and gender identities – in everything we do. We welcome the unique insights and perspectives of all persons in our quest to fulfill our mission.